

# Capanna Margherita

## Equipment list

<i>quantity</i>	<i>description</i>
* 1	snow shovel
* 1	A.R.T.V.A. (avalanche transceiver)
* 1	Sonda - Probe
*	only if requested by the guide
1 pair	telescopic ski poles
1 pair	mountaineering boots or waterproof trekking boots
1 pair	gaiters

<i>quantity</i>	<i>description</i>
1	Windstopper hat
As needed	underwear
1	sun hat
1	small towel
1	small toiletries set
1	personal first aid kit
1	sun cream high protection
1 pair	Ear-plugs

1 pair	WARM gloves or ski gloves
1 pair	spare gloves
1	sleeping bag liner
1	head torch + batteries
1	sun glasses + goggles
1	back pack, good condition 35-45L
1 pair	wool socks
1 pair	silk socks
1	Base layers sets
1	Mid layer
1	Soft Shell
1	Gore-Tex jacket and pants

1	multi-purpose knife (SwissArmy)
1	thermos
	passport
Alpine Club Card (CAI, CAF, BMC, DAV) WITH PERSONAL RESCUE INSURANCE	
1	camera
	credit card
	schnaps flask
	emergency food and drinks
1 pair	crampons
1	Ice-axe
1	Harness + 1 screwgate carabiner

THE LIST IS FOR INFORMATION ONLY BUT WE SUGGEST YOU FOLLOW IT